

Screenings and Immunizations for Men

Remember: Recommended preventive health services are covered at no cost to you on all Marketplace plans.

Even if you feel fine, you should still see your health care provider for regular checkups. These visits can help you get the preventive care you need, including screenings and immunizations. Be sure to speak with your doctor or health care provider about creating a personal preventive health care plan tailored to your specific needs.

Screenings by Age

Screenings can help find diseases early when they are easier to treat. They can also help identify other underlying health problems and lower your risk for many conditions, such as heart disease. Below is a checklist of screenings and tests you may need at certain stages of your life.

Age 20-49

- Blood pressure tests every two years
- Cholesterol tests
- Diabetes screenings, especially if you have high blood pressure
- HIV and other sexually transmitted infection (STI) screenings

Age 50-64

- Blood pressure tests every two years
- Cholesterol tests
- Diabetes screenings, especially if you have high blood pressure
- HIV and other STI screenings
- Colonoscopy
- Hepatitis C Virus (HCV) infection, especially if you were born between 1945 and 1965, have ever injected drugs or received a blood transfusion before 1992

Age 65 and older

- Blood pressure tests every two years
- Cholesterol tests
- Diabetes screenings, especially if you have high blood pressure
- HIV and other STI screenings

- Colonoscopy, recommended until age 75
- Hepatitis C Virus (HCV) infection, especially if you were born between 1945 and 1965, have ever injected drugs or received a blood transfusion before 1992
- Ultrasound scan of your stomach to detect an abdominal aortic aneurysm, especially if you are a smoker or have ever smoked

Recommended Immunizations

Much like screening tests, immunizations are an important part of taking care of your overall health. Below is a list of recommended immunizations that you may need. Some vaccines are recommended on a yearly, seasonal and even one-time basis. It is important to check with your doctor about the specific immunizations that are right for you and meet your health care needs.

- Flu vaccine
- Pneumococcal vaccination (PCVone three, PPSVtwo three), especially if you are 65 and older and have never received a pneumococcal shot, received just one shot in the past or received the one or two doses of the vaccine more than five years prior. Talk to your doctor about this vaccine if you are under 65 and have never been vaccinated
- Tetanus-, diphtheria-, and pertussis (whooping cough)-containing vaccination, like the DTP, DTaP, Tdap or Td
- Measles, mumps, rubella (MMR) vaccination
- Human papillomavirus (HPV) vaccination
- Hepatitis A vaccination
- Hepatitis B vaccination
- Chickenpox (varicella) vaccination
- Meningococcal vaccination
- Shingles (zoster) vaccination